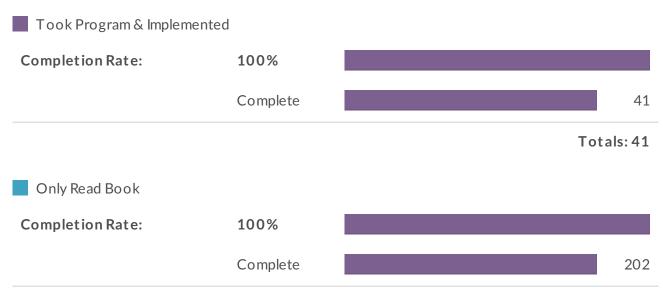
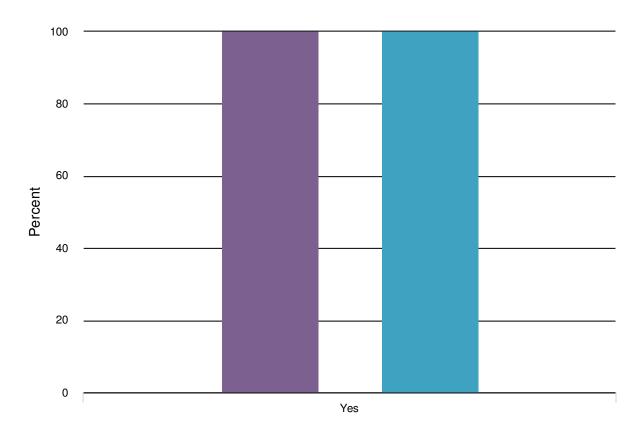
Never Binge Again Typical Results Survey

Response Counts



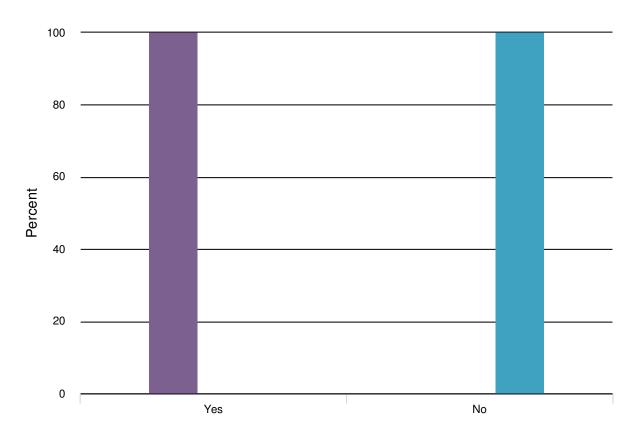
Totals: 202

1. Have you read the book?



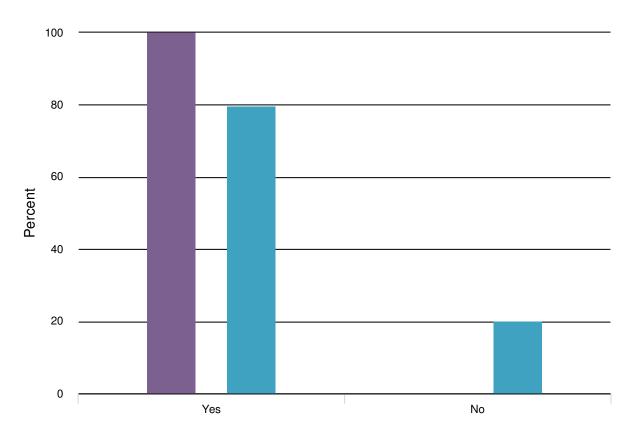
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Yes	100%	16.9%	41
	Tota	al Responses	16.9%	41
Only Read Book	Yes	100%	83.1%	202
	Tota	al Responses	83.1%	202

2. Have you graduated from the Never Binge Again Unlimited Coaching and Online Intensive Program?



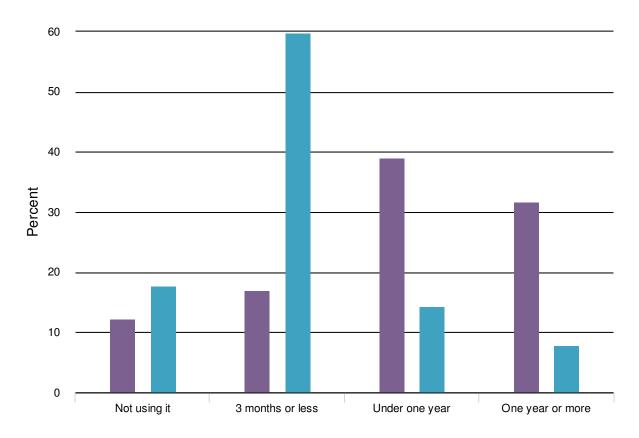
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Yes	100%	16.9%	41
	No	0%	0%	0
	Total Responses		16.9%	41
Only Read Book	Yes	0%	0%	0
	No	100%	83.1%	202
	Total Responses		83.1%	202

 $3.\,Have\,you\,IMPLEMENTED\,the\,Never\,Binge\,Again\,system?$



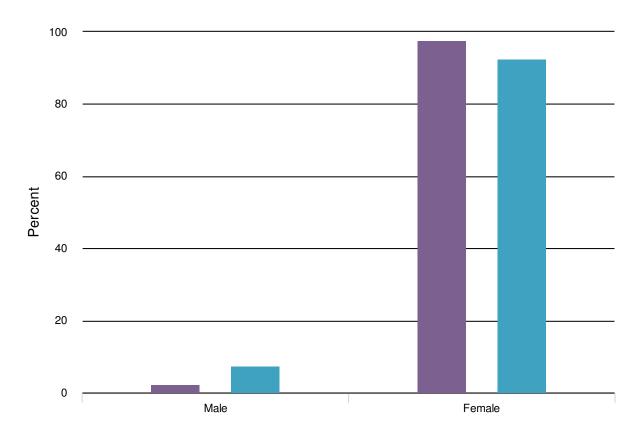
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Yes	100%	16.9%	41
	No	0%	0%	0
	Total Responses		16.9%	41
Only Read Book	Yes	79.7%	66.3%	161
	No	20.3%	16.9%	41
	Total Responses		83.2%	202

4. How long have you been using the Never Binge Again system?



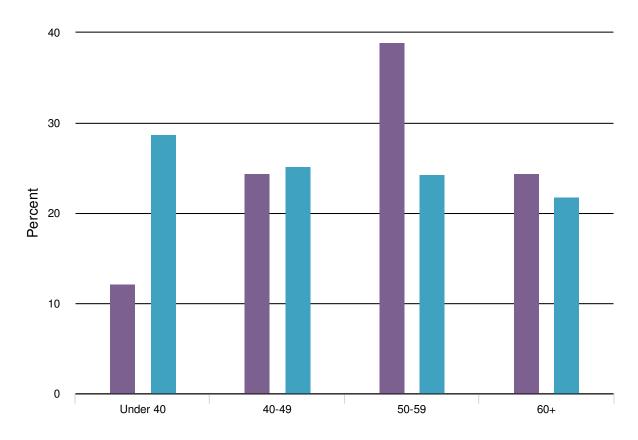
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Not using it	12.2%	2.1%	5
	3 months or less	17.1%	2.9%	7
	Under one year	39%	6.6%	16
	One year or more	31.7%	5.3%	13
	Total	Responses	16.9%	41
Only Read Book	Not using it	17.8%	14.8%	36
	3 months or less	59.9%	49.8%	121
	Under one year	14.4%	11.9%	29
	One year or more	7.9%	6.6%	16
	Total	Responses	83.1%	202

5. Which best describes your gender?



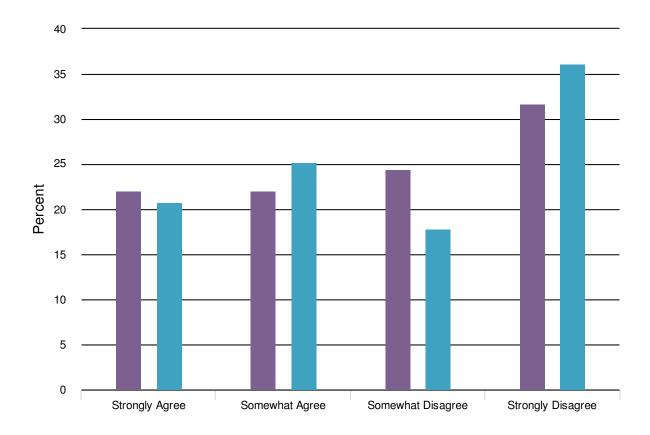
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Male	2.4%	0.4%	1
	Female	97.6%	16.5%	40
	Tot	al Responses	16.9%	41
Only Read Book	Male	7.4%	6.2%	15
	Female	92.6%	77%	187
	Tot	al Responses	83.2%	202

6. Which category best describes your age?



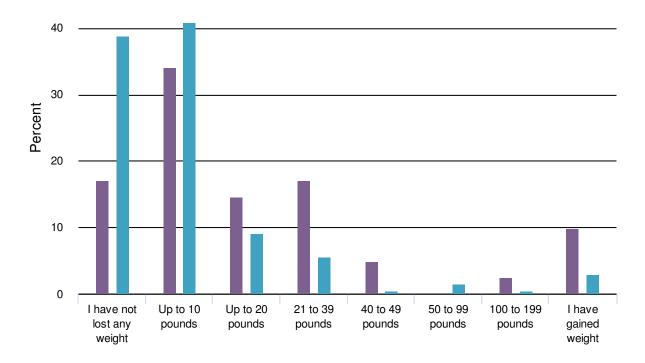
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Under 40	12.2%	2.1%	5
	40-49	24.4%	4.1%	10
	50-59	39%	6.6%	16
	60+	24.4%	4.1%	10
	Tota	al Responses	16.9%	41
Only Read Book	Under 40	28.7%	23.9%	58
	40-49	25.2%	21%	51
	50-59	24.3%	20.2%	49
	60+	21.8%	18.1%	44
	Tota	al Responses	83.2%	202

7. I am close to my ideal weight



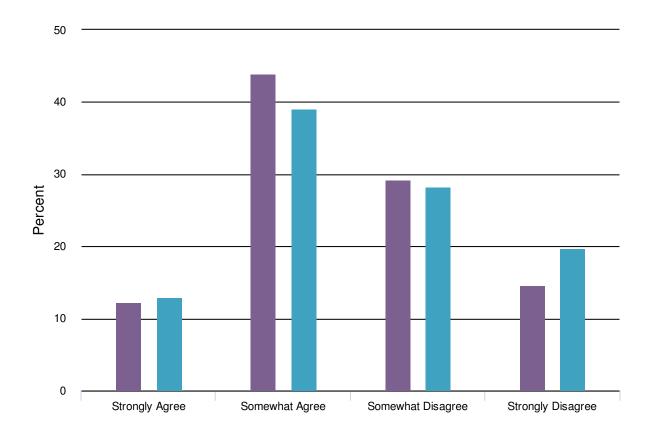
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	22%	3.7%	9
	Somewhat Agree	22%	3.7%	9
	Somewhat Disagree	24.4%	4.1%	10
	Strongly Disagree	31.7%	5.3%	13
	Tota	l Responses	16.8%	41
Only Read Book	Strongly Agree	20.8%	17.3%	42
	Somewhat Agree	25.2%	21%	51
	Somewhat Disagree	17.8%	14.8%	36
	Strongly Disagree	36.1%	30%	73
	Tota	l Responses	83.1%	202

8. How many pounds have you lost (or gained) since reading the book and/or taking the program?



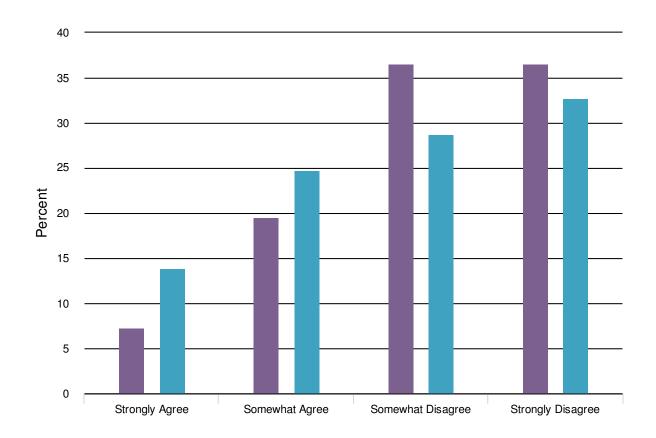
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	I have not lost any weight	17.1%	2.9%	7
	Up to 10 pounds	34.1%	5.9%	14
	Up to 20 pounds	14.6%	2.5%	6
	21 to 39 pounds	17.1%	2.9%	7
	40 to 49 pounds	4.9%	0.8%	2
	50 to 99 pounds	0%	0%	0
	100 to 199 pounds	2.4%	0.4%	1
	Thave gained weight	9.8%	1.7%	4
	Tota	l Responses	17.1%	41
Only Read Book	I have not lost any weight	38.9%	32.2%	77
	Up to 10 pounds	40.9%	33.9%	81
	Up to 20 pounds	9.1%	7.5%	18
	21 to 39 pounds	5.6%	4.6%	11
	40 to 49 pounds	0.5%	0.4%	1
	50 to 99 pounds	1.5%	1.3%	3
	100 to 199 pounds	0.5%	0.4%	1
	Thave gained weight	3%	2.5%	6
	Tota	l Responses	82.8%	198

9. I have boundless energy to accomplish what I desire each day.



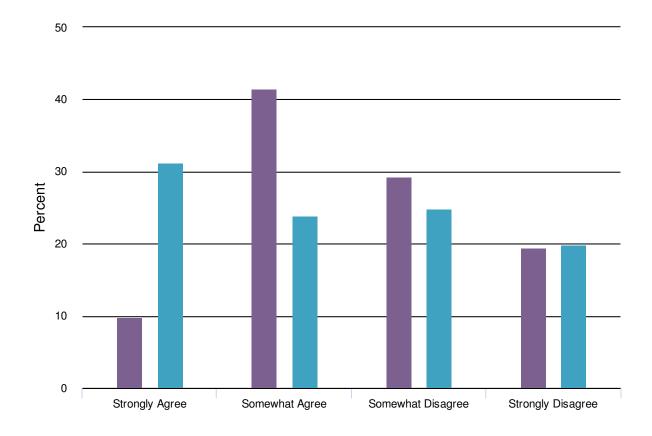
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	12.2%	2.1%	5
	Somewhat Agree	43.9%	7.4%	18
	Somewhat Disagree	29.3%	4.9%	12
	Strongly Disagree	14.6%	2.5%	6
	Tota	Responses	16.9%	41
Only Read Book	Strongly Agree	12.9%	10.7%	26
	Somewhat Agree	39.1%	32.5%	79
	Somewhat Disagree	28.2%	23.5%	57
	Strongly Disagree	19.8%	16.5%	40
	Tota	Responses	83.2%	202

10. If requently feel bloated and/or overfull after I eat.



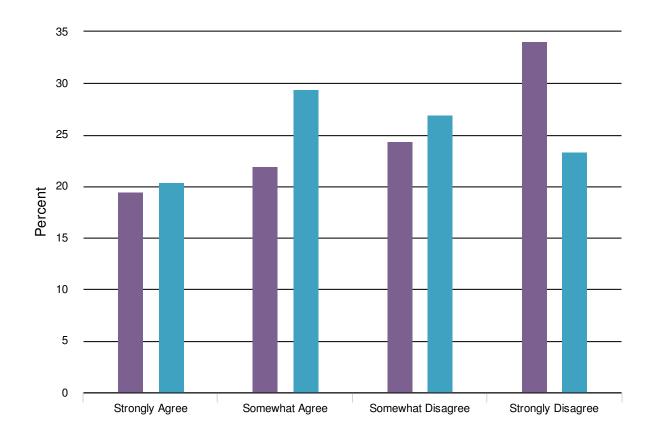
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	7.3%	1.2%	3
	Somewhat Agree	19.5%	3.3%	8
	Somewhat Disagree	36.6%	6.2%	15
	Strongly Disagree	36.6%	6.2%	15
	Total	Responses	16.9%	41
Only Read Book	Strongly Agree	13.9%	11.5%	28
	Somewhat Agree	24.8%	20.6%	50
	Somewhat Disagree	28.7%	23.9%	58
	Strongly Disagree	32.7%	27.2%	66
	Total	Responses	83.2%	202

11. I can't stop eating sometimes even when I know I've had enough.



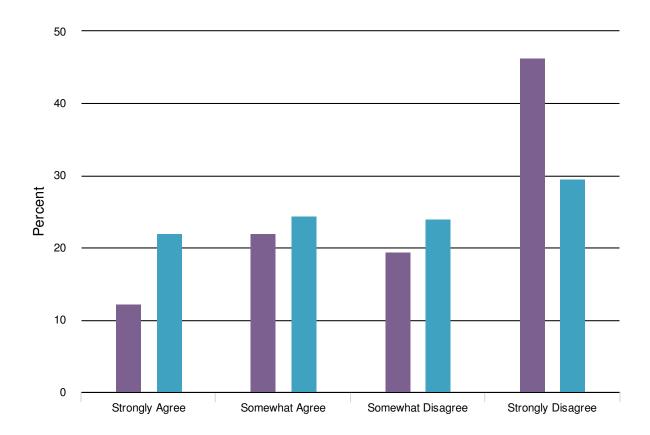
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	9.8%	1.7%	4
	Somewhat Agree	41.5%	7%	17
	Somewhat Disagree	29.3%	5%	12
	Strongly Disagree	19.5%	3.3%	8
	Tota	l Responses	17%	41
Only Read Book	Strongly Agree	31.3%	26%	63
	Somewhat Agree	23.9%	19.8%	48
	Somewhat Disagree	24.9%	20.7%	50
	Strongly Disagree	19.9%	16.5%	40
	Tota	l Responses	83%	201

12. How I eat in public is much different than how I eat in private.



Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	19.5%	3.3%	8
	Somewhat Agree	22%	3.7%	9
	Somewhat Disagree	24.4%	4.1%	10
	Strongly Disagree	34.1%	5.8%	14
	Total	Responses	16.9%	41
Only Read Book	Strongly Agree	20.4%	16.9%	41
	Somewhat Agree	29.4%	24.4%	59
	Somewhat Disagree	26.9%	22.3%	54
	Strongly Disagree	23.4%	19.4%	47
	Total	Responses	83%	201

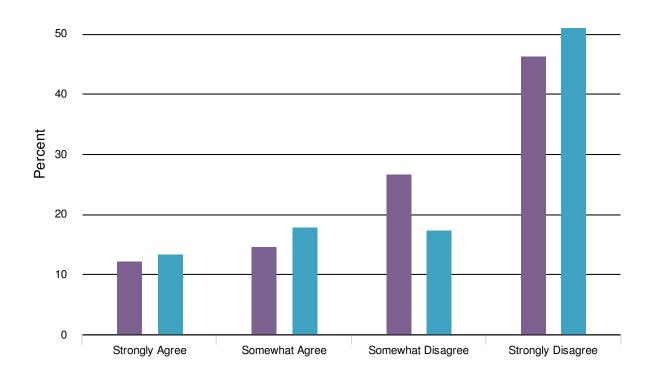
13. I'm ashamed of how I eat.



Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	12.2%	2.1%	5
	Somewhat Agree	22%	3.7%	9
	Somewhat Disagree	19.5%	3.3%	8
	Strongly Disagree	46.3%	7.9%	19
	Tota	Responses	17%	41
Only Read Book	Strongly Agree	22%	18.3%	44
	Somewhat Agree	24.5%	20.3%	49
	Somewhat Disagree	24%	19.9%	48
	Strongly Disagree	29.5%	24.5%	59
	Total	Responses	83%	200

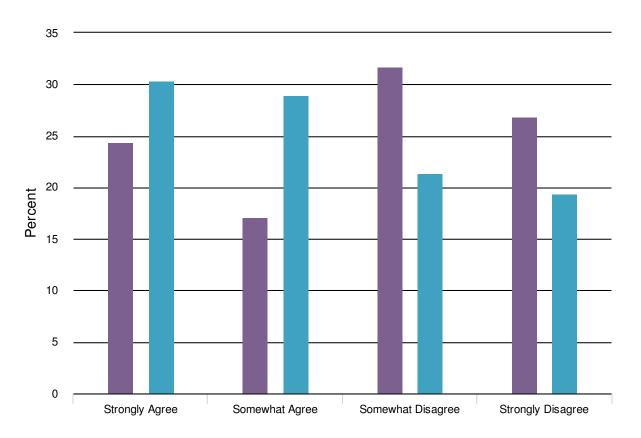
14. I sometimes feel the need to fast or not eat for a day or more, not for my health, but to make up for a binge.





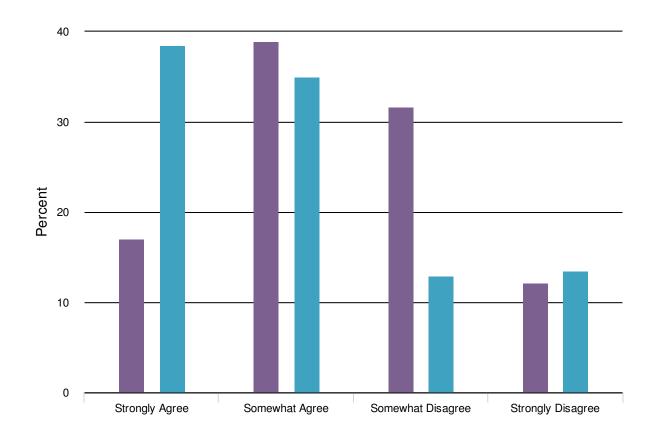
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	12.2%	2.1%	5
	Somewhat Agree	14.6%	2.5%	6
	Somewhat Disagree	26.8%	4.5%	11
	Strongly Disagree	46.3%	7.9%	19
	Total	Responses	17%	41
Only Read Book	Strongly Agree	13.4%	11.2%	27
	Somewhat Agree	17.9%	14.9%	36
	Somewhat Disagree	17.4%	14.5%	35
	Strongly Disagree	51.2%	42.6%	103
	Total	Responses	83.2%	201

 $15.\,No\,matter\,what\,I\,commit\,to\,with\,a\,Food\,Plan\,I\,eventually\,change\,my\,mind\,and\,break\,my\,promise\,to\,myself.$



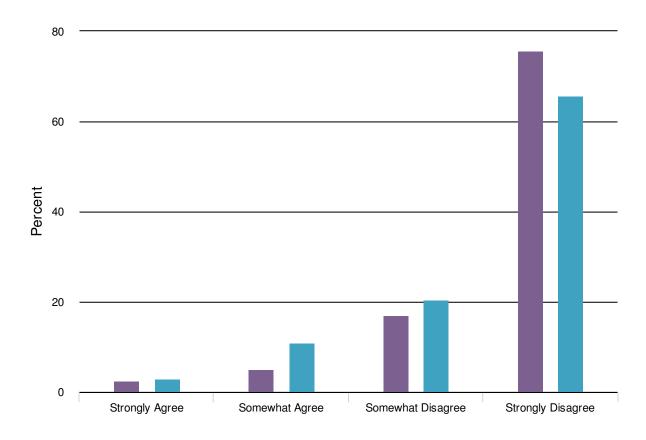
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	24.4%	4.1%	10
	Somewhat Agree	17.1%	2.9%	7
	Somewhat Disagree	31.7%	5.4%	13
	Strongly Disagree	26.8%	4.5%	11
	Total	Responses	16.9%	41
Only Read Book	Strongly Agree	30.3%	25.2%	61
	Somewhat Agree	28.9%	24%	58
	Somewhat Disagree	21.4%	17.8%	43
	Strongly Disagree	19.4%	16.1%	39
	Total	Responses	83.1%	201

16. I feel driven to eat even when I'm not physically hungry.



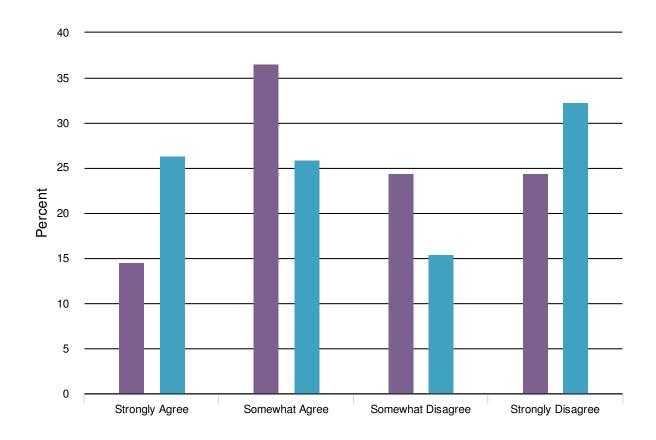
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	17.1%	2.9%	7
	Somewhat Agree	39%	6.6%	16
	Somewhat Disagree	31.7%	5.4%	13
	Strongly Disagree	12.2%	2.1%	5
	Total	Responses	17%	41
Only Read Book	Strongly Agree	38.5%	32%	77
	Somewhat Agree	35%	29%	70
	Somewhat Disagree	13%	10.8%	26
	Strongly Disagree	13.5%	11.2%	27
	Total	Responses	83%	200

17. I exercise more than I need to just so I can binge.



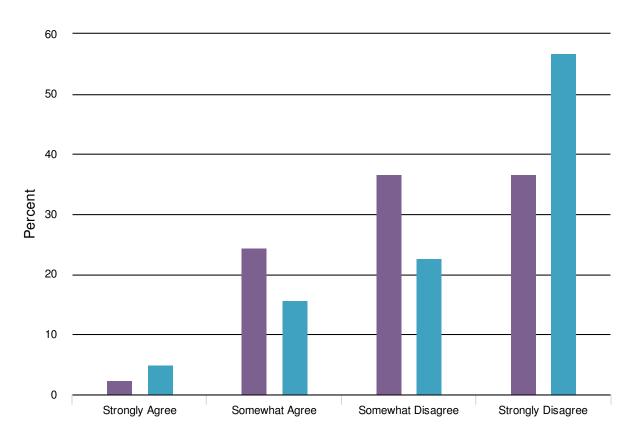
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	2.4%	0.4%	1
	Somewhat Agree	4.9%	0.8%	2
	Somewhat Disagree	17.1%	2.9%	7
	Strongly Disagree	75.6%	12.8%	31
	Total	Responses	16.9%	41
Only Read Book	Strongly Agree	3%	2.5%	6
	Somewhat Agree	10.9%	9.1%	22
	Somewhat Disagree	20.4%	16.9%	41
	Strongly Disagree	65.7%	54.5%	132
	Total	Responses	83%	201

18. My doctor thinks I'm too heavy.



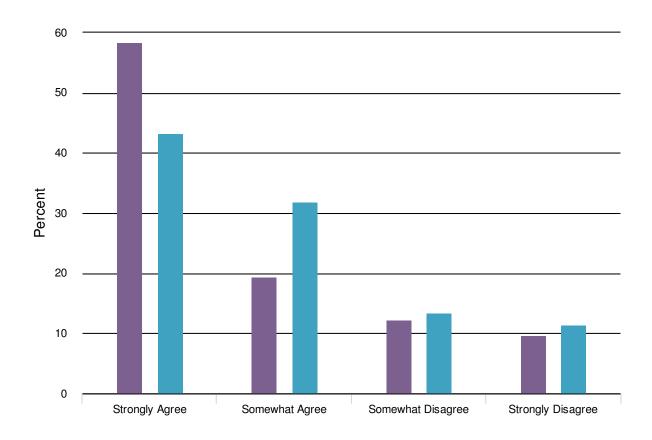
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	14.6%	2.5%	6
	Somewhat Agree	36.6%	6.2%	15
	Somewhat Disagree	24.4%	4.1%	10
	Strongly Disagree	24.4%	4.1%	10
	Total	Responses	16.9%	41
Only Read Book	Strongly Agree	26.4%	21.9%	53
	Somewhat Agree	25.9%	21.5%	52
	Somewhat Disagree	15.4%	12.8%	31
	Strongly Disagree	32.3%	26.9%	65
	Total	Responses	83.1%	201

 $19.\,\mathrm{My}\,\mathrm{doctor}\,\mathrm{is}\,\mathrm{unhappy}\,\mathrm{with}\,\mathrm{the}\,\mathrm{results}\,\mathrm{of}\,\mathrm{my}\,\mathrm{blood}\,\mathrm{tests}\,\mathrm{(cholesterol,}\,\mathrm{trig}\,\mathrm{lycerides},\mathrm{etc}).$



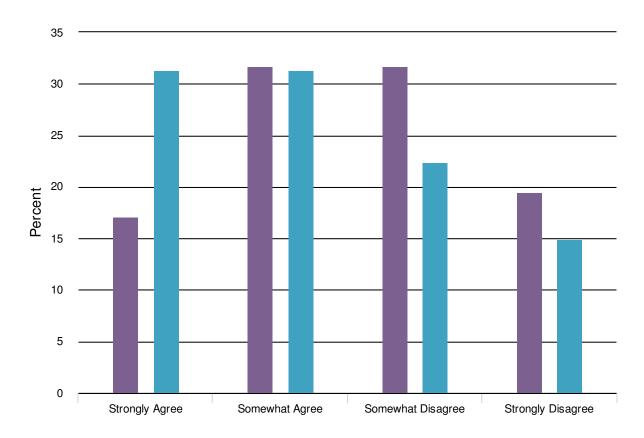
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	2.4%	0.4%	1
	Somewhat Agree	24.4%	4.2%	10
	Somewhat Disagree	36.6%	6.3%	15
	Strongly Disagree	36.6%	6.3%	15
	Tota	l Responses	17.2%	41
Only Read Book	Strongly Agree	5%	4.2%	10
	Somewhat Agree	15.6%	12.9%	31
	Somewhat Disagree	22.6%	18.8%	45
	Strongly Disagree	56.8%	47.1%	113
	Tota	l Responses	83%	199

20. I've tried almost every diet out there.



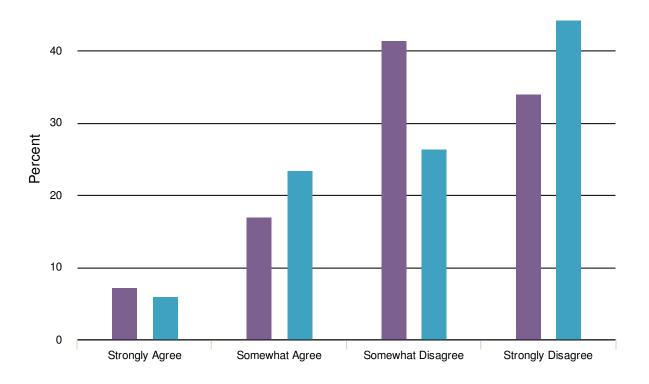
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	58.5%	9.9%	24
	Somewhat Agree	19.5%	3.3%	8
	Somewhat Disagree	12.2%	2.1%	5
	Strongly Disagree	9.8%	1.7%	4
	Total	Responses	17%	41
Only Read Book	Strongly Agree	43.3%	36%	87
	Somewhat Agree	31.8%	26.4%	64
	Somewhat Disagree	13.4%	11.2%	27
	Strongly Disagree	11.4%	9.5%	23
	Total	Responses	83.1%	201

$21.\,I\,can't\,stop\,thinking\,about\,food.$



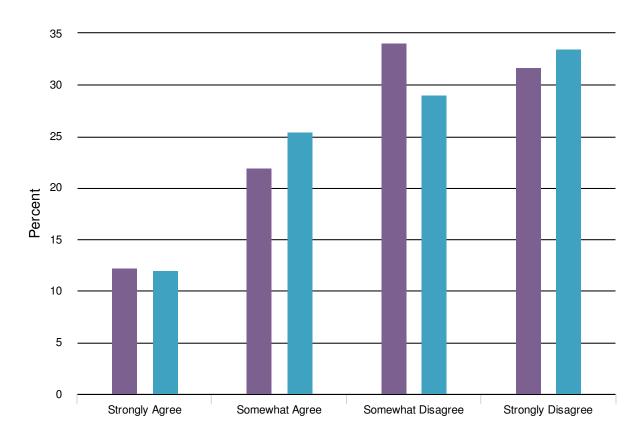
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	17.1%	2.9%	7
	Somewhat Agree	31.7%	5.4%	13
	Somewhat Disagree	31.7%	5.4%	13
	Strongly Disagree	19.5%	3.3%	8
	Tota	Responses	17%	41
Only Read Book	Strongly Agree	31.3%	26%	63
	Somewhat Agree	31.3%	26%	63
	Somewhat Disagree	22.4%	18.6%	45
	Strongly Disagree	14.9%	12.4%	30
	Total	Responses	83%	201

22. I love how my body looks.



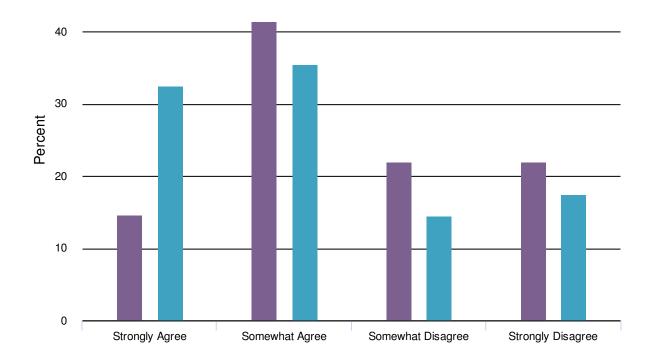
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	7.3%	1.2%	3
	Somewhat Agree	17.1%	2.9%	7
	Somewhat Disagree	41.5%	7%	17
	Strongly Disagree	34.1%	5.8%	14
	Total	Responses	16.9%	41
Only Read Book	Strongly Agree	6%	5%	12
	Somewhat Agree	23.4%	19.4%	47
	Somewhat Disagree	26.4%	21.9%	53
	Strongly Disagree	44.3%	36.8%	89
	Total	Responses	83.1%	201

23. I love how my body feels.



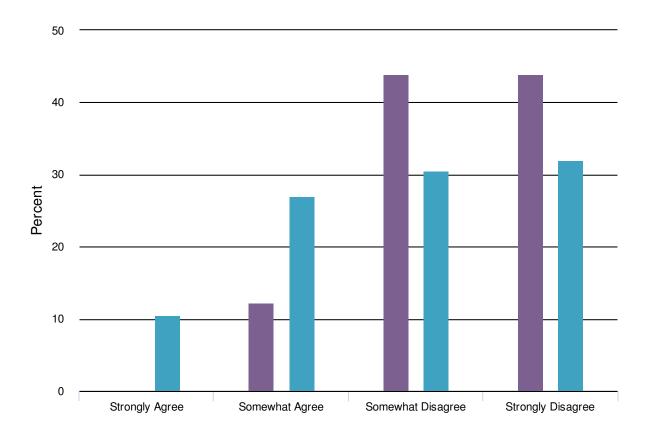
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	12.2%	2.1%	5
	Somewhat Agree	22%	3.7%	9
	Somewhat Disagree	34.1%	5.8%	14
	Strongly Disagree	31.7%	5.4%	13
	Tota	Responses	17%	41
Only Read Book	Strongly Agree	12%	10%	24
	Somewhat Agree	25.5%	21.2%	51
	Somewhat Disagree	29%	24.1%	58
	Strongly Disagree	33.5%	27.8%	67
	Tota	Responses	83.1%	200

 $24.\,Life\,would\,be\,so\,much\,better\,if\,I\,were\,a\,different\,size\,and/or\,weight.$



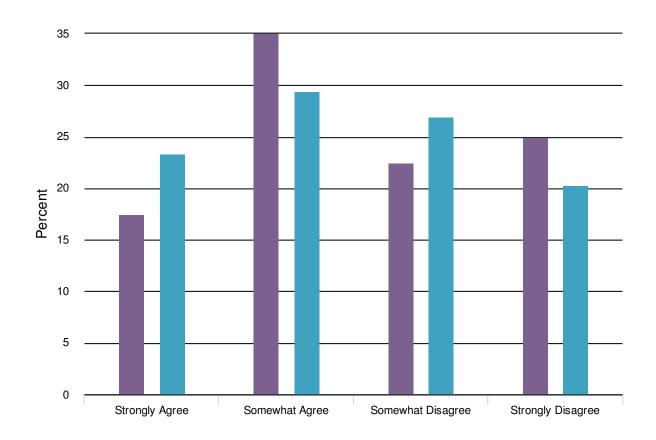
Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	14.6%	2.5%	6
	Somewhat Agree	41.5%	7.1%	17
	Somewhat Disagree	22%	3.7%	9
	Strongly Disagree	22%	3.7%	9
	Total	Responses	17%	41
Only Read Book	Strongly Agree	32.5%	27%	65
	Somewhat Agree	35.5%	29.5%	71
	Somewhat Disagree	14.5%	12%	29
	Strongly Disagree	17.5%	14.5%	35
	Total	Responses	83%	200

25. I always need to have something in my mouth.



Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	0%	0%	0
	Somewhat Agree	12.2%	2.1%	5
	Somewhat Disagree	43.9%	7.5%	18
	Strongly Disagree	43.9%	7.5%	18
	Total Responses 17.1			41
Only Read Book	Strongly Agree	10.5%	8.7%	21
	Somewhat Agree	27%	22.4%	54
	Somewhat Disagree	30.5%	25.3%	61
	Strongly Disagree	32%	26.6%	64
	Total Responses		83%	200

26. I spend way too much time counting calories, planning my meals, or obsessing about my weight.



Segment	Value	Percent	% of Total	Responses
Took Program & Implemented	Strongly Agree	17.5%	3%	7
	Somewhat Agree	35%	5.9%	14
	Somewhat Disagree	22.5%	3.8%	9
	Strongly Disagree	25%	4.2%	10
	Total	Responses	16.9%	40
Only Read Book	Strongly Agree	23.4%	19.4%	46
	Somewhat Agree	29.4%	24.5%	58
	Somewhat Disagree	26.9%	22.4%	53
	Strongly Disagree	20.3%	16.9%	40
	Total Responses		83.2%	197

27. LAST QUESTION: If you'd be willing to allow Glenn or one of his Master Coaches to follow up and get some live feedback from on you the telephone (no selling, we promise)... can you kindly leave your phone and/or skype contact below?

Took Program & Implemented

Only Read Book

